

# NEWSLETTER

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23<sup>rd</sup> November 2018

Term 4 - Week 6

#### FROM THE PRINCIPAL

On behalf of the Model Farms High School community, I would like to welcome Kerrie Kennon to the Deputy Principal role. Kerrie joined Model Farms from The Hills Sports High School and comes to us with great regard and an outstanding background in educational administration and provision.

I would also like to thank Mrs Julie Elliott for relieving in the Deputy Principal position since May 2018. Mrs Elliott has worked tirelessly to deliver educational outcomes for our students and her efforts have certainly been recognised and appreciated.

#### **Student Success**

Congratulations to Melissa Blume of Year 8 who has again demonstrated her outstanding sporting talents.

The National Cyclo-cross Series is an eight race series across NSW, QLD, VIC and SA. Melissa competed in enough rounds to qualify her for National Series the Podium where she placed first the Cyclecross National Series (having won the gold medal in all five of the U15 women's races that she entered). In addition, in the one off National Championships race, Melissa took out first place in her Age Group beating the



second place rider by over 5 minutes. Congratulations, Melissa!

#### Year 7 2019

On Tuesday 4 December, we look forward to welcoming our incoming Year 7 students for 2019 as part of their Orientation Day. Student leaders and staff will assist on the day in welcoming our new families and providing learning experiences about high school and life at Model Farms.

#### **Recognition Assemblies**

Each semester, student effort and achievement is recognised at formal assemblies including Graduation Night, Presentation Evening and our Recognition Assembly program.

I had the pleasure of attending the Year 11 Recognition Assembly on Tuesday 20 November and seeing first hand, the array of students identified for their collective effort and drive to succeed. Congratulations to all award recipients, performers and production crew for making this assembly such a success.

A reminder that the remaining recognition assemblies occur as follows, with greater detail being published in the coming weeks.

Year 7 and 9: Early Morning, Tuesday 11 December Year 8 and 10: Mid Morning, Tuesday 11 December

#### The MFHS Website

As you may be aware, the school (along with all DoE schools) underwent a website redesign late last term. We are now starting to provide greater functionality to our community and I ask that you do revisit the website over the coming weeks as more material and information is uploaded to this platform.





#### P & C

Our P and C meets on the first Wednesday of each month and at Model Farms High School, we are extremely fortunate to have a dedicated team that work together towards bettering the experiences of your children in their high school years.

However, there are always opportunities for new people to join the group, especially as we are losing some long time members as their children complete Year 12. Please feel welcome to come along as many hands make light work and you will be working with an excellent group of individuals. The

next P and C meeting is to be held on Wednesday 5 December at 7pm in the school Common Room.

#### Year 12

Year 12 students have now completed their HSC Exams and were able to dress up and relax on Thursday 15 November at their Formal. The event was held in the beautiful surrounds of Lachlan's within Old Government House Parramatta. The students looked fantastic and everyone had a very enjoyable evening. Thank you to Ms Jones and the formal committee for their outstanding organisation of the evening and the staff who were able to attend and support our students.



Have a wonderful week,

Mark Grady Principal

#### FROM THE DEPUTY PRINCIPAL – MS PLEDGER

#### Year 11

On Tuesday we celebrated the success of Year 11 students with a recognition assembly. It was a fantastic morning and it was great to see so many parents, grandparents, friends and other supporters cheering on our Year 11's.

Year 11 is a strange year for the students; as the year draws to a close they cannot start relaxing as they have done in previous years as majority of their subjects will have an assessment task due that counts towards the HSC in the last few weeks of term. It is important for Year 11 to continue working right up until the last day of term.

All Year 11 students have been issued with their HSC assessment calendar and the rules and procedures for the HSC. Please take the time to sit down with your child and go through their schedule of tasks so that they are aware of any busy periods in 2019.

In week 4 Year 11 had our In Focus Evening. The PowerPoint presentations from that evening can be found on our school website. https://modelfarms-h.schools.nsw.gov.au/school-years/year-12.html

#### Senior Student's and Cars

PLEASE stress to your student the importance of driving safely when leaving school of an afternoon. While I can appreciate their desire to race home and study (or attack the fridge) it is essential that driving is very careful around school zones.

All students who drive a car to school should have returned the "Permission to Travel to and from School by Private Vehicle". A copy of this form can be obtained from the front office.

#### **Pre-loved Uniforms**

If you have any preloved school shorts (both sport and boys grey shorts) please have your student drop them into my office. It is surprising how many kids tear their pants, get mud on shirts etc. and need a quick change of clothes. We also have other families that are really struggling financially at the moment. While we do our best to use the small amount of Student Assistance money allocated to us, uniforms are a significant expense. Thanks in advance for your donations.

Have a wonderful week,

Jennifer Pledger Deputy Principal

#### FROM THE DEPUTY PRINCIPAL - MS KENNON

It is with excitement that I write this, my first newsletter as the Deputy Principal of Model Farms High School. I am highly honoured and grateful to be given this opportunity to be a part of the leadership team at Model Farms High School. I look forward to being a part of this great school and working with the students, staff, parents and community to develop a strong partnership to deliver a high quality of teaching and learning for all the students.

For the past 12 years of my I career I have been the Head Teacher of Teaching and Learning at The Hills Sports High School. I bring with me many skills and experiences that I am keen to apply to contribute to Model Farms High School to support all students to achieve their personal best.

I would like to thank Mrs Elliot for performing the Deputy Principal role prior to my commencement. Her hard work, thorough organisation and communication has contributed to a smooth transition and enabled me to take over where she left off with minimal disruption.

Congratulations to the 2018 Year 12 students who last week completed their HSC examinations. We now all wait in anticipation for the results which are due to be released on 13<sup>th</sup> December. We wish the students success in all their future endeavours.

Years 8 and 10 students have been advised of their subjects for 2019. The majority of students would have received their first choices. Students have been advised that if they wish to make any changes they need to see Mrs Munroe in the CAPA staffroom in Week 8. Sometimes these changes are not possible due to classes being full. It is important however to have these classes finalised to ensure a smooth commencement of the 2019 school year.

Plans are well underway to celebrate the successes of the year. The Recognition Assembly for Years 8 and 10 will be held on 11<sup>th</sup> December and the Presentation evening is on the 12<sup>th</sup> December. I look forward to meeting many of our successful students along with their parents, carers and families at these events.

We are closing in on the end of the school year but much is still to be achieved. I encourage all students to continue to work hard in class, completing final assessments to finish the year off on a positive note. I am looking forward to meeting you all.

Have a wonderful week,

Kerrie Kennon Deputy Principal

#### TERM 4

Week 7

Monday 26<sup>th</sup> November Aeronautical Engineering

Yr 11 Dance Performance Task

Yr 10 Sydney Uni visit

Tuesday 27<sup>th</sup> November Multicultural Day

Yr 10 Sydney Uni visit

Wednesday 28<sup>th</sup> November Thursday 29<sup>th</sup> November

Friday 30<sup>th</sup> November

Yr 9 Camp Yr 9 Camp Yr 9 Camp

Yr 7 Skyworks Planetarium Incursion

Yr 6 Pathfinders

Saturday 1<sup>st</sup> December Extension History Excursion

WEEK 8

Monday 3<sup>rd</sup> December Yr 6 Pathfinders

Ancient History Task 1: Source Analysis

Yr 10 UNSW visit

Yr 11 HSC Assessment Task 1 Yr 11 Industrial Technology:

Multimedia/Timber Planning Folio and

Presentation

Tuesday 4<sup>th</sup> December Yr 6 Orientation Day

Combined Drama Ensemble Production Yr 12 Business Studies – Task 1: Operations

Case Study

Yr 10 UNSW visit

Wednesday 5<sup>th</sup> December Combined Thursday 6<sup>th</sup> December Yr 9 My D

Combined Drama Ensemble Production

Yr 9 My Digital Thumbprint

Yr 8 Science Gifted and Talented Day

Yr 11 Modern History HSC Assessment Task 1

Friday 7<sup>th</sup> December Yr 8 – A Case of Identity Incursion

11SAC Task 1 Research Methods Yr 12 Engineering Studies Task

#### **Wellbeing News**

#### What Is Anxiety?

Anxiety is becoming a prevalent mental illness and accounts for 70% of the mental health issues presenting in our young people.

Firstly, it is normal. Everyone experiences anxiety in situations that are scary or out of our comfort zone. Think of the anxiety you may have had with starting school, the assessment tasks piling up, exams, the job interview, the electricity bill....But there are some of us for whom anxiety takes control of areas of life and it is not to be taken lightly.

Anxiety has three components;

- Body our heart rate increases, adrenaline surges, breathing becomes shallow and fast
- Mind our thoughts race "what if I don't succeed" "what if something bad happens"
- Actions "get me out of here!"

If we have experienced fears and trepidation before and survived, the brain is more likely to have developed the coping mechanisms to see the situation for what it is. It doesn't stop the body or the mind from racing, but we don't let our thoughts get away from us. Perspective and experience are everything.

Avoiding scary situations interrupts the experience and the "survival" feeling afterwards. It doesn't make the situation any less scary, but your mind learns to see that despite the heart rate increase and sweaty palms, you will come through.

For a person with an anxiety disorder, often resulting in panic attacks, these scary experiences happen more frequently and can seem to the outsider as irrational. You may not have a fear of needles, but to someone who does, it is an all-encompassing fear at vaccination time.

Some things to think about;

- Targeting anxiety early can improve the adult life down the track, with reduced likelihood of depression. Intervene early raise it with the school take on board the school raising it with you about your child.
- Students rarely present with just one type of anxiety. There are multiple pathways for students to develop anxiety. It isn't so much the "how" but the "what" that keeps it going which should be focused on.

Danger of AVOIDANCE - The more you stay away from the situations that make you anxious, the more problematic. The neural pathways in the brain which grow throughout your childhood, into adolescence can become like "streets" or "highways" to the feelings of anxiety and fear, the more they are used. If left "unpoliced" during development, they become the superhighways of thought. An unavoidable thought process or pattern every time we face something difficult or unfamiliar.

The benefit of APPROACH - Developing strategies to help our students "approach" the fears and trepidations rather than "avoid" situations gives them a better understanding of reality and helps them in the long run. There are some students who will need professional help in the short term to gain cognitive control in the long term. The school Counsellor, Year Advisers or Head Teacher Welfare can help students and their families facing this challenge.

(Notes adapted from Webinar by Jennie Hudson – Director of the Centre for Emotional Health, Macquarie University)

#### FROM HSIE FACULTY

#### **Start Smart Program for Commerce**

This year our Year 9 Commerce students participated in the "Start Smart Program" for secondary students, designed and delivered by the Commonwealth Bank.

The Start Smart Secondary program offered a set of workshops developed for students in Years 7 -11. Each workshop focused on a different topic in depth and explored financial concepts such as understanding the impact of financial choices, getting your first job and managing your mobile phone as well as basic investment principles, savings goals and budgeting. This program was an interactive learning experience, designed to engage students and empower them to make confident financial choices.

Tess Dobre, who was an outstanding facilitator, delivered Start Smart sessions this year. She had her own individual style of teaching and engaging students and she equipped our students with money management skills for life. Students thoroughly enjoyed this program. Thank you Tess and the Commonwealth Bank, for this initiative.



Swati Dey HSIE Teacher

#### FROM THE MATHEMATICS FACULTY

#### From the Faculty that Counts!

Congratulations to the following Maths merit recipients: Year 11
Jacob W

#### **Yearly Examinations and Reports**

All year groups have completed the Yearly Examinations for Mathematics and now teachers are completing reports. Students are reminded that the work that is now being completed in class is important and is preparing them for their studies next year.

#### Year 11

Year 11 have now started their HSC courses. We request that ALL students in Standard 1 and 2 Mathematics have a textbook to work from at home and in class when required. Five Senses offers a 10% discount for Model Farms High School students. They will complete their first HSC assessment tasks for all levels of Mathematics in the next few weeks. Please refer to their assessment booklets for details.

Level	Assessment Task Date
Advanced	
Mathematics (2 unit)	
Extension 1	
Extension 2	
Standard 2	
Mathematics	
Standard 1	
Mathematics 1	

#### Calculators:

Please make sure that all students have their own calculator. The Casio fx-82AU PLUS II is sold at the uniform shop for \$35. Different brands of scientific calculators have different layouts and it is important that everyone in a class has the same calculator. Students need this calculator from Year 7. It is vital for their progress that students are familiar with their calculator and know how to use the different functions.

Have a Mathematical week, Ms Kellie Lumley, Head Teacher Mathematics and the Maths Faculty Staff

#### FROM THE SCIENCE AND AGRICULTURE FACULTY

#### **Spectacular Science**

The Spectacular Science excursion will be running again this year on Wednesday the 21<sup>st</sup> of November, with 54 Year 7 students from the GAT class and Science Group receiving the first invitations. The excursion takes place at Sydney University where students will participate hands-on science activities such as catching creepy-crawlies amongst the scrub, use a microscope to see the animals in the finest detail and map the relationships between these tiny animals. Also students will learn the chemistry of making slime, and will freeze a range of materials in liquid nitrogen and smash them. They will also meet real scientists who'll share what they are discovering about the world around us.



Past group that have attended Spectacular Science at Sydney University

#### Australian Aerospace coming to Model Farms



On Monday the 26<sup>th</sup> of November a former high school student Harrison Papagianis, who is the NSW Outreach Manager of the Australian Youth Aerospace Association, will be speaking and giving students an insight into the Australian Aerospace industry. Year 11 Engineering and Physics students, Science group in Years 9 & 10 and Year 9 stem will be attending.

From the Science Faculty

#### Sculptures by the Sea

Dillo D.S

Recently, Year 9 art students went on an excursion to Sculptures by the Sea. Sculptures by the Sea is one of the world's largest sculpture displays which consists of many intriguing and beautiful artworks from around the world being displayed at Bondi Beach. After a few interviews with some of the art students, we were lucky enough to get an insight on their thoughts and opinions of the exhibition.

#### Maya Lim

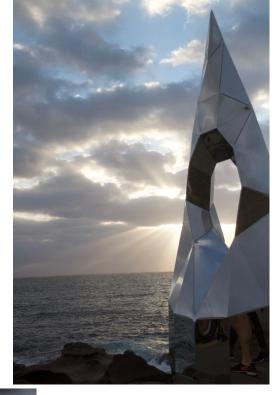
Maya said she really enjoyed the sculptures and loved the excursion. She found the sculptures interesting and felt that most of the Bondi setting fitted well with the sculptures.

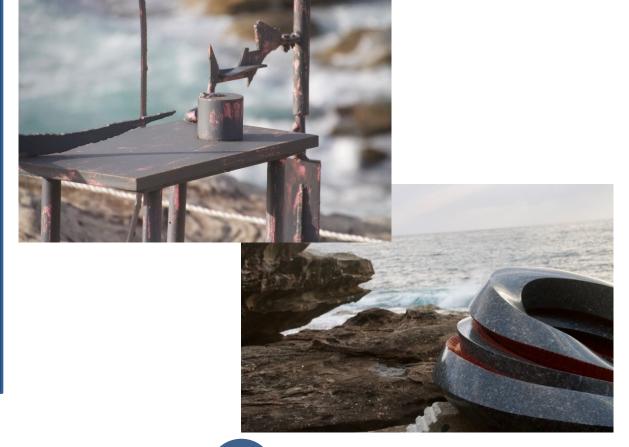
#### Ryan McGukin

Ryan really enjoyed the excursion and in particular, a large statue of a buddha like figure. He said that Bondi Beach was a good area to showcase the sculptures and it was a good visual experience.

Claire Giffin, Tahlia Powell and Felicity Herrera Claire, Tahlia and Felicity also enjoyed Sculptures by the Sea. They would like to see more interesting sculptures next year with lots of meaning. Some pictures of the amazing showcase are shown below.

Photo Credit: Dillon D.S.





#### FROM THE ENGLISH FACULTY

#### **English Extension 2 Excursion**



On Friday, 16 November, our three Extension 2 students (Amy B-T, Nikita B and Jane K) attended a study day organised by the English Teachers Association at the University of Sydney. The day included a range of helpful sessions, such as: managing their Major Work, a focus on form, how to conduct rigorous research, as well as talks from previous Extension 2 students. The girls found the excursion to be highly valuable and it gave them some motivation and inspiration to begin their own writing journey. I'm very much looking forward to working alongside these girls in the completion of their Major Works.

Miss Estacio



#### MODEL FARMS HIGH SCHOOL



CDADE	C1	C A	D 4 7	00/11/10	
GRADE	vs Greystanes	Snrs Away	Round 7	28/11/18	TITE
SPORT	VENUE	ROOM	TIME	STAFF	HT
BOYS GRADE					
Open Baseball	Training	1UW4	12:15 – 2:40	Stevenson	MC
Open Cricket	Darling St	7U4	12:15 – 2:40	Jimenez	JB2
Open B'ball a/b	GRHS	8UCR5	12:15 – 2:40	Wood	VL
15's Basketball	MFHS	6UL2	12:15 – 2:40	Villagran	FH
a/b					
Open's Touch	Bathurst St	1UW3	12:15 – 2:40	Skala	MC
a/b					
15's Touch a/b	Gooden Res	7U2	12:15 – 2:40	Keen	JC
GIRLS GRADE					
Open Oztag a/b	Bathurst St	5G1	12:15 – 2:40	Attenborough	JB
15s Oztag a	Gooden Res	8G3	12:15 - 2:40	Unicomb	JB2
Open V'ball a/b	GRHS	6GL2	12:15 – 2:40	Edwards	FH
15's Volleyball	MFHS	3MU1	12:15 – 2:40	Gregory	JM
a/b				-0- /	
Open Netball	Bathurst St	8G2	12:15 – 2:40	Brown	JB
a/b	Datiiaist St	002	12.13 2.10	Brown	135
15's Netball a/b	Gooden Res	7U6	12:15 – 2:40	R.Puleo	JC
15 5 NCtball a/ b	Gooden Nes	700	12.13 2.40	N.I dico	10
REC SPORT					
Rock Climbing	The Edge Castle		12:15 – 2:40	Forract Luttringer	VI.
\$7.50 + bus	The Edge Castle Hill		12:15 – 2:40	Forrest, Luttringer	KL
Ten Pin			12:15 – 2:40	Mundage Calcal	IDO
Wondabowl	AMF Castle Hill		12:15 – 2:40	Murdocca, Sabel	JB2
	Cootlo IIII		12:15 2:10	Daniela Marinia	NAC .
Flipout \$8 + bus	Castle Hill	0112	12:15 – 2:40	Pappas, Nguyen	MC
Anytime Fitness	Winston Hills	8U2	12:40 – 2:40	M.Dawson, Snell	KL
(16yrs +)		6014	10.10.0.10		
Tennis Olympus	Winston Hills	6GL1	12:40 – 2:40	Owen, Kabbara	FH
\$5					
Theatre sports	MFHS	3UDR4	12:40-2:40	Merton-Simons	JB
Table Tennis	MFHS	TLC	12:40 – 2:40	Middleton,	JB
				D'Souza/Manson	
Rec Walking	Around	8G1 Year 8 A-H 8U7 Year 8 I-Z	12:40 – 2:40	Toovey, McNamara	SB
		8U3 Year 9 A-J		Burnand, Cole	ER
		8U4 Year 9 K-Z 4GL2		John, Myers,	(DH)
		Year 10 4GL3 Year 11		Rawat , Walsh	
House Casa	NATUC		12.40 2.40	O'Reilly, Vella (A)	INA
House Sport	MFHS	6UL1	12:40 – 2:40	Bugo/Gardener,	JM
Touch	NATILC	700	12:10 2:10	Moore	1/1
House Sport	MFHS	7G6	12:40 – 2:40	Medina, Peet	KL
Netball	145116	705 461 1	10.10.0.15	I	1.0
House Sport	MFHS	7G5, 4GL4	12:40 – 2:40	Tiedemann,	VL
Soccer				Wawrzyniak	1
Communication	MFHS	7U7	12:40 – 2:40	Letherbarrow	1C
S					
NON SPORT	School	8G3	12:40 – 2:40	Dey	DD
SPORT	School	7U1	12:40 – 3:00	Jideh	DD
DETENTION					

Greer, Munro



#### uniform shop



Trading Days and Hours

Monday, Wednesday and Friday 8.10 am until 9.00 am

#### **Payment Options**

Cash - Eftpos - Visa - Mastercard

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#### **PAYMENT OPTIONS**

Please note that **CHEQUES** are **NOT** accepted as a form of payment for purchases from the Uniform Shop.

Acceptable payment options are: Cash - Eftpos - Visa - Mastercard





#### Trading Days and Hours Monday, Wednesday and Friday 8.10 am until 9.00 am

Payment Options

Cash - eftpos - Visa - Mastercard

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# VOLUNTEERS NEEDED PLEASE

The Uniform Shop is operated on a Volunteer basis.

Do YOU have a spare hour to volunteer please?

~~ Even one day per month - especially in Term 4 and Term 1 ~~

We can guarantee lots of laughs and smiles. Please come in and see me or ring the office and leave your details.



A huge

to our current Amazing Volunteers

Di Mayer Kathy Doherty Marta Irvine Ann Simmonds Fiona Bennetts Sarojini Subramaniam Cathy McMillan

Your dedication, hard work, friendship and laughs is always appreciated !!!

#### uniform shop



Trading Days and Hours Monday, Wednesday and Friday 8.10 am until 9.00 am



**Payment Options** 

Cash - Cheque - Visa - Mastercard

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# YEAR 10 STUDENTS

# PURCHASE YOUR SENIOR UNIFORM NOW

We recommend you purchase your Senior Uniform as soon as possible. Don't leave it until the last minute

# MODEL FARMS HIGH SCHOOL

#### **UNIFORM PRICE LIST**

#### TRADING DAYS and HOURS

Monday, Wednesday and Friday 8.10 am until 9.00 am

#### **PAYMENT OPTIONS**

Cash - Eftpos - Visa - Mastercard

| ITEM                                      | PRICE     |
|-------------------------------------------|-----------|
| BOUS                                      |           |
| Shirt - Blue (Junior) / White (Senior)    | \$35      |
| Shorts - Grey                             | \$35      |
| Long Trousers - Grey                      | \$45      |
| GIRLS                                     |           |
| Blouse - Blue (Junior)                    | \$25      |
| Blouse - Blue (Junior - New Style)        | \$40      |
| Blouse - White (Senior)                   | \$40      |
| Skirt - Check (Junior) / Grey (Senior)    | \$65      |
| Long Pants                                | \$40      |
| JUMPERS                                   |           |
| Fleecy                                    | \$45      |
| Wool - (Australian Wool)                  | \$85      |
| SPORT                                     |           |
| Тор                                       | \$40      |
| Shorts                                    | \$35      |
| TRACKSUIT (By Order                       |           |
| Only)                                     |           |
| Jacket Only                               | \$75      |
| Pants Only                                | \$50      |
| Complete Set                              | \$120     |
| <i>MISCELLANEOUS</i>                      |           |
| Apron                                     | \$15      |
| Calculator                                | \$35      |
| Tie - Junior / Senior                     | \$20      |
| Blazer                                    | \$200     |
| Exercise Books – ie. maths, music, normal | \$various |

2018/2019 - Prices subject to change without notice – includes 10% GST



#### uniform shop

Trading Days and Hours Monday, Wednesday and Friday 8.10 am until 9.00 am



**Payment Options** 

Cash - Visa - Mastercard

# **Last Day of Trading 2018**

Friday - 7th December

# Extra Trading Days 2018

Saturday - 24<sup>th</sup> November 9.00 am - 1.00 pm

2019

Saturday - 12<sup>th</sup> January 9.00 am - 1.00 pm

The Uniform Shop Re-opens FRIDAY 1st FEBRUARY

For Normal Trading

#### PLEASE NOTE:

SHOP WILL **NOT** BE OPEN ON FIRST DAYS OF SCHOOL

#### uniform shop



Trading Days and Hours Monday, Wednesday and Friday 8.10 am until 9.00 am

Payment Options
Cash - Eftpos - Visa - Mastercard



# **TRACKSUITS**

Please be advised that

ALL ORDERS

for Tracksuits

CLOSE
FRIDAY
22 FEBRUARY 2019

SPORT BUS PASSES CAN NOT BE PURCHASED ON WEDNESDAYS

| Please indicate preferred pass:               |               |      |          |   |
|-----------------------------------------------|---------------|------|----------|---|
| <ul> <li>A 5 trip pass for \$37.50</li> </ul> | No. of passes |      | Total \$ | _ |
| • A 10 trip pass for \$75.00                  | No. of passes |      | Total \$ | _ |
| Name of Student/s                             |               |      | Year/s   |   |
| Payment by: CASH                              | СН            | EQUE |          |   |

# CHANGE OF CONTACT INFORMATION MODEL FARMS HIGH SCHOOL

| Name of Student:            |                                 | Year      |
|-----------------------------|---------------------------------|-----------|
| New Address:                |                                 |           |
|                             |                                 | Postcode: |
| Correspondence:             |                                 |           |
|                             |                                 | Postcode: |
| Email Address:              |                                 |           |
| New Home Phone No           |                                 |           |
| Mother Mobile:              |                                 |           |
| Mother Work:                |                                 |           |
| Father Mobile:              |                                 |           |
| Father Work                 |                                 |           |
| Emergency Contact if change | ed:                             |           |
| Phone No.                   |                                 | _         |
| Any change in Medical Condi | ition e.g. Allergy, Asthma etc. |           |
| Details                     |                                 |           |
| Bus Pass: YES /             | NO                              |           |



#### NOVEMBER 2018

#### Introducing Felicity Zeiher -Youth Engagement Officer

Felicity has joined our New South Wales and ACT team and is looking forward to working with schools and youth agencies.

Felicity has a diverse working background; starting many years ago in the shearing sheds of rural NSW as a Roustabout, right through to most recently in the Children's Court as a Youth Worker. Through her experience, Felicity has developed a strong social justice focus in her approach to working with youth and she is passionate about guiding and supporting young people to identify and achieve their goals.

"I have a genuine desire to create opportunity and independence in the lives of young people by promoting and encouraging engagement with jobs, education and training".



# KICK START YOUR 2019!

#### Considering a School Based Apprenticeship next year?

To get an advantage starting your career, School Based Apprenticeships are a great way to go. You can continue your schooling and complete Year 12 and begin your career at the same time; working and studying for a trade or occupation part time from age 15 years or older. When you leave school at the end of year 12 you will have completed the first part of your trade qualification. What a great head start to your career. What's even better is you are getting paid while you are doing your School Base Apprenticeship.

Want to know more? Contact your Youth Engagement Officer and they can tell you more or they can assist you to link-up with current School Based opportunities.



## **FINISHING YEAR 12? WHAT'S NEXT?**

If you are completing Year 12 this year and want to start an apprenticeship or traineeship, go straight to our Jobs Board and see what is available. We have about 200 jobs available all the time and towards the end of the year our employers begin looking for even more new apprentices and trainees.

Jump straight in and register (if you haven't done so already) and then begin applying for the jobs we have available at:

http://srajobs.sarinarusso.com/

#### **TERM 4 TIPS / REMINDERS**

With the end of term 4 only weeks away, students completing a School Based Apprenticeship (SBAT or ASBA) and will be moving from an SBAT/ASBA arrangement to 'Full Time Employment' with their current employer, may need to take action to affect the transition. These actions vary from state to state.

**VIC**: A **Variation Form**' is required in order to update the 'Employment Type' to Full Time Employment. Variation Forms will be issued directly to the Employer upon request. For those who will not be continuing their SBAT, a 'Cancellation Form' is required.

ACT: Contact your Apprenticeship Provider (Sarina Russo Apprenticeships) to notify them of your change to Full Time Employment and they will make the change for you

**NSW**: No action is required.

Please contact your YEO for assistance, and support your students with communicating this process to their employers.

### SRA CHRISTMAS CLOSURE PERIOD

From all the staff at Sarina Russo Apprenticeships we would like to thank you for a GREAT YEAR and look forward to all the fabulous things 2019 has to offer our new students!

a that A.N. and W. M. and

Please note our offices will be closed between the following dates:

Friday 21st December 2018 and will re-open Wednesday 2nd January 2019.

#### YOUTH ENGAGEMENT OFFICERS

Got a question or need help with an apprenticeship or traineeship for one of your students? Contact one of our Youth Engagement Officers:



NSW & ACT Felicity Zeiher E: ZeiherF@sannarusso.com.au



VIC Kathy Bakopoulos E: bakopoulosK @sannarussa.com.au



Goulburn Valley, North East Victoria and Southern NSW Ben Watts E: WattsB@sarinan.eso.com.au



Sarina Russo Apprenticeships



## **Targeted Services**

Tailored advice and support for your Apprentices.

## Model Farms High School P&C



We have registered with Floral Expressions, Northmead, and every time anyone purchases from their store, the school will receive 10% of the purchase price as a donation.

If you are purchasing flowers, please consider using Floral Expressions, and don't forget to tell them you are from Model Farms High School.

Northmead Shopping Centre, 7/2 Campbell St., Northmead NSW 2152 info@floralexpressions.com.au PH: 02 96831116

# Guitar Lessons

Learn guitar from an accredited & experienced guitar teacher.

- Acoustic or Electric
- · All styles taught
- Beginner to Advanced

Call Owain today on

0433 548 772

Available 7 days

#### **Term 4 Tuition:**

- K-9: Preparation for Yearly Examinations
- Year 10: Preparation for Yearly Examinations and get a head start on Year 11 courses FOR ANY SUBJECT AREA
- Year 11/12: Start of the 2019 HSC, get a head start on content and skills for ANY SUBJECT AREA

#### WHY HIRE A TUTOR?

- Some children need individual attention. In todays over crowded classroom atmosphere, teachers will not be able to provide this.
- A tutor will prepare the child well for class tests and final exams.
- Working with a tutor will help the child to develop a study schedule.
- While studying, children easily get distracted with videogames, TV and other activities at home. A tutor will help in minimising these distractions.

# CONTACT Tim Fragogiannis on 0403 293 665 and visit my Facebook page:

www.facebook.com/onetoonetution