

**Making Connections:**  
**The Passions & Perils of Youth in Cyberia**  
**Part 1**

**Collett Smart**



# Overview

## Part 1

- Boys' and Girls' Motivations for being online
- An analysis of today's Media and the link to Youth Cyber Behaviour
- The 4 A's – The 'why' of addiction
- The 'Brain Science' of addictions
- Signs of addiction - Pornography risks
- The 'so what?' factor

## Part 2

- Types of Cyber Behaviour
- Facebook
- A Case Study
- Sexting and grooming
- Signs of cyber bullying and 'grooming'
- Safety measures
- **The Good News!**

# Why we care as a society

- The amount of time spent with media increased by an hour and seventeen minutes a day over the past five years to 7:38 today.
- “The amount of time young people spend with media has grown to where it’s even more than a full-time work week,” said Drew Altman, Ph.D., President and CEO of the Kaiser Family Foundation. “When children are spending this much time doing anything, we need to understand how it’s affecting them – for good and bad.”

# Hollywood & Cyber Space teach our children about sexual intimacy

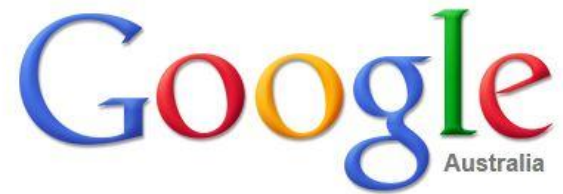
The media derives our reality – It teaches ideas couched as ‘guidance’. It indicates that Sex is a normal, natural urge that should be readily and fully expressed between any consenting individuals – if it feels good, then just do it – Oh... but do it safely!

Influences that guide our young  
people's online activity...

- Magazines
- Music videos
- Clothing
- Billboards
- Games
- The internet

[Search settings](#)

[iGoogle](#)



[Advanced search](#)  
[Language tools](#)

Google Search

I'm Feeling Lucky

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Save your preferences when finished and **return to search**.

Save Preferences

## Global Preferences

(changes apply to all Google services)

### Interface Language

Display Google tips and messages in:

English

If you do not find your native language in the pulldown above, you can help Google create it through our [Google in Your Language program](#).

### Search Language

Prefer pages written in these language(s):

- |  |   |                                     |                                     |
|--|---|-------------------------------------|-------------------------------------|
| <input type="checkbox"/> Afrikaans             | <input checked="" type="checkbox"/> English | <input type="checkbox"/> Indonesian | <input type="checkbox"/> Serbian    |
| <input type="checkbox"/> Arabic                | <input type="checkbox"/> Esperanto          | <input type="checkbox"/> Italian    | <input type="checkbox"/> Slovak     |
| <input type="checkbox"/> Armenian              | <input type="checkbox"/> Estonian           | <input type="checkbox"/> Japanese   | <input type="checkbox"/> Slovenian  |
| <input type="checkbox"/> Belarusian            | <input type="checkbox"/> Filipino           | <input type="checkbox"/> Korean     | <input type="checkbox"/> Spanish    |
| <input type="checkbox"/> Bulgarian             | <input type="checkbox"/> Finnish            | <input type="checkbox"/> Latvian    | <input type="checkbox"/> Swahili    |
| <input type="checkbox"/> Catalan               | <input type="checkbox"/> French             | <input type="checkbox"/> Lithuanian | <input type="checkbox"/> Swedish    |
| <input type="checkbox"/> Chinese (Simplified)  | <input type="checkbox"/> German             | <input type="checkbox"/> Norwegian  | <input type="checkbox"/> Thai       |
| <input type="checkbox"/> Chinese (Traditional) | <input type="checkbox"/> Greek              | <input type="checkbox"/> Persian    | <input type="checkbox"/> Turkish    |
| <input type="checkbox"/> Croatian              | <input type="checkbox"/> Hebrew             | <input type="checkbox"/> Polish     | <input type="checkbox"/> Ukrainian  |
| <input type="checkbox"/> Czech                 | <input type="checkbox"/> Hindi              | <input type="checkbox"/> Portuguese | <input type="checkbox"/> Vietnamese |
| <input type="checkbox"/> Danish                | <input type="checkbox"/> Hungarian          | <input type="checkbox"/> Romanian   |                                     |
| <input type="checkbox"/> Dutch                 | <input type="checkbox"/> Icelandic          | <input type="checkbox"/> Russian    |                                     |

### SafeSearch Filtering

[Google's SafeSearch](#) blocks web pages containing explicit sexual content from appearing in search results.

- Use strict filtering (Filter both explicit text and explicit images)
- Use moderate filtering (Filter explicit images only - default behavior)
- Do not filter my search results



# Internet Pornography – a Drug Dealers Dream Come True (Kastleman)

**The 4 A's of the Internet:**

# Signs of a pornography Problem

- Become quiet, depressed and isolated from family and friends
- Doesn't want to go to school
- Discontinues formerly enjoyed pursuits
- Increasingly argumentative, blaming and defensive
- Won't talk about what is bothering him
- Attitude to TV, movies etc changes
- Notice a loss of respect for women
- Begins acting out sexually
- Obsession with body parts
- Stays up late on the computer, locking doors or turning off the monitor when someone comes
- Internet history files have been deleted
- Phone costs go up
- Spends a lot of time in 'chat rooms'
- Lying

So what?

Transferred into every day life...

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“Knowledge is *not* equal to Wisdom”

# How are youth spending time online?



- Email
- Google
- Facebook, MSN, (My Space), Twitter
- YouTube
- Webcams
- ChatRoulette
- Chat rooms
- Mobile phones (Apple)
- X-box
- Online Games




## Choose your privacy settings

### Connecting on Facebook

Control basic information your friends will use to find you on Facebook. [View settings](#)


### Sharing on Facebook

These settings control who can see what you share.

	Everyone	Friends of friends	Friends only
Everyone			
Friends of friends			
Friends only			
Recommended			
<b>Custom</b> 			

Your status, photos and posts			
Bio and favorite quotations			
Family and relationships			
Photos and videos you're tagged in			
Religious and political views			
Birthday			
Permission to comment on your posts			•
Places you check in to [?]			•
Contact information			•

[Customise settings](#)  This is your current setting



### Apps and websites

Edit your settings for using apps, games and websites.



### Block lists

Edit your lists of blocked people and apps.



### Controlling how you share

[Learn more](#) about your privacy on Facebook




## Choose your privacy settings ▶ Customise settings

[Back to privacy](#)[Preview](#)

Customise who can see and comment on things you share, things on your Wall and things you're tagged in.

### Things I share



#### Posts by me

Default setting for posts, including status updates and photos

Friends only ▼

#### Family

Friends only ▼

#### Relationships

Friends only ▼

#### Interested in

Friends only ▼

#### Bio and favorite quotations

Friends only ▼

#### Website



Friends only ▼

Everyone

Friends of friends

✓ Friends only

Customise

#### Religious and political views

#### Birthday

#### Places I check in to

Friends only ▼

#### Include me in "People here now" after I check in

Visible to friends and people checked in nearby (See an example)

Enable

[Edit privacy settings](#) for existing photo albums and videos.

# What are the consequences of 'sexting'?

**Taking, sending or receiving sexual images of  
a minor (under 16) is illegal.**



# Cyber Bullying:

Q - What is 'bullying'?

A - An imbalance of power!

Types = Stalking, Harassment, Outing, Flaming

**EVERYONE** has a role to play in stopping bullying. Even if you're not the one that starts the bullying but follows it, watches it and sends it on or forwards it to your friends, then you are part of the problem, but you can also be part of the solution. (Headspace)

# How can you help if cyber bullying /solicitation happens?

Teach children to try:

- Not responding
- Tell a trusted adult when they feel uncomfortable or unsafe
- Block the offender
- Save evidence
- Reflect on how they 'met' the person in question
- If contact involves physical threat – tell the police

**CRASH & TELL!**

# Practical Tips for Parents:

**KEEP CURRENT**

**KEEP COMMUNICATING**

**KEEP CHECKING**

The only safe control  
is SELF control!



# K9 Web Protection

from Blue Coat



HOMES PROTECTED

2,407,095

[HOME](#) | [SUPPORT](#) | [CHECK SITE RATING](#)

[ABOUT K9](#) [GET K9 NOW](#) [SUPPORT](#) [RESOURCES](#) [NEWS & EVENTS](#) [PARTNERS](#) [ABOUT BLUE COAT](#)

## What do you want to protect?

### My Children

from adult content & risky interactions

### My Self

from scams or temptations

### My Computer

from spyware & malware

### My Organization

from adventurous users or threats

### Protect Your Children!

An open Internet is unsafe for children and parenting in this digital age is difficult. We provide tools for parents to control unwanted content and provide a safe Internet for your family.

**K9 Web Protection** is a free Internet filter and parental control software for your home Windows or Mac computer. K9 puts YOU in control of the Internet so you can protect your kids.



[LEARN MORE](#)

[FREE DOWNLOAD](#)

Download for: [Windows](#) | [MacOS](#) | [iPhone, iPod, iPad](#)

### News & Events

[K9 for iPhone, iPad, iPod Now Available!](#)

[Beyond Parental Controls: Tips for helping kids of all ages and Macs mix safely.](#)

[Blue Coat Joins Family Online Safety Institute to Protect Kids in the Web 2.0 World](#)

### K9 Web Protection Features

- ▶ **Block web sites** in more than 70 categories, including pornography, gambling, drugs, violence/hate/racism, malware/spyware, phishing
- ▶ Force **SafeSearch** on all major search engines
- ▶ Set **time restrictions** to block web access during designated times
- ▶ Configure **custom lists** for "always allow" and "always block"
- ▶ **Override a web page block** with password

### Awards for K9



The logo for X3watch, featuring the text "X3watch" in a stylized font where the "3" is a double zero.

The keys to online integrity & accountability

# Make yourself accountable.

X3watch records questionable websites that you visit and reports them to your accountability partner.



- ✔ Monitors web browsing activity
- ✔ Notifies accountability partners
- ✔ X3watch software works on PC
- ✔ Sends scheduled email accounts
- ✔ Websites can be flagged
- ✔ Android/iOS versions available

[CHECK IT OUT](#)

Positive uses





# The Family Factor

-- Building Resilient Kids --

Assistance with childhood, adolescence and everything in between.

If you are a parent, educator or someone who works with children & youth then this is the blog for you. This is a place where you can journey with others and where we will explore current information, research and practical advice for each developmental stage

My hope is that this will be a place of encouragement, as you develop positive relationships with the children you know and love. I would be thrilled if you could share your stories with us!

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MONDAY, OCTOBER 4, 2010

## Cyber-bullying IS Bullying - Part 2

I was recently privileged enough to survey approximately 400 t(w)eens in the Middle School years (ages 10 to 13) regarding their cyber behaviour. Even though I talk on this topic often it was still hard to believe how real the 'stats' were in the actual lives of the 'every day' students that I surveyed.

Here are a few of the many **(unedited)** comments I received in answer to the question, **"Has anyone ever been unkind to you on the internet? If the answer is yes, explain what happened?"**

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Email address...

Submit

SEARCH THIS BLOG

# Byron Review 2010

- To prepare children and young people we need to provide them with balanced and clear information and equip them with the right skills so that they can become critically aware and savvy digital users. This will help them to think about the content they find and post on the internet, manage their conduct and be risk aware...

~ Organize to Resist ~



Together, we can take on the predators,  
& they won't stand a chance!

Mel Stewart

"The test of the morality of a society is what it does for its children." Dietrich Bonhoeffer (1906 - 1945)



[www.familysmart.com.au](http://www.familysmart.com.au)

Join me on my blog – [The Family Factor](#)



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